COVID-19 Update

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June 21, 2021 Bellingham City Council Meeting



COVID-19 Case Trends Whatcom County Department

Overview of COVID-19 trends

- Case rates are down from peaks in November 2020, post-holiday January 2021 surge, and April-May 2021 surge.
- Case rates vary by county sub-area, all are decreasing.
- Concern re: susceptible people as more transmissible variants spread, as weather cools this fall and winter, more indoor exposure to cold, dry air.

Phase and Risk Assessment	COVID-19 Disease Activity	Testing Capacity	Healthcare System Readiness	Case Investigations and Contact Tracing	Populations at Higher Risk
🐞 COVID-19 DISE	ASE ACTIVITY			Data as of	f June 17, 2021 11:59PM PT
Select a key metric Rate per 100K newly diagnosed cases New hospitalizations per 100K people Effective reproductive number (R) Select a County All	COVID-19 disease activity Rate of newly diagnosed This graph shows the trend of week period. The most recen- fewer than 25 cases per 100. Whatcom County 7 Day ① 14 Day Rate per 100K of newly diagnosed confirmed and probable cases during the prior two weeks Meeting goal of fewer than 25 cases (confirmed and probable) per 100,000 people Supporting detail Population Confirmed and probable cases in the prior two weeks	Confirmed and probab of the rate of newly diagnos t period is from May 28 thro 000 people during the prior Rate per Case 600 125.4 400 No 200 228,000 286 0	ed confirmed and probable COVID-1 ough Jun 10. The Department of Heal two weeks. 100K of newly diagnosed confirmed a rate I Latest case rate Case ra	Ith defines low disease activity as have and probable cases during the prior ate incomplete Goal <25 case rate	aving 😵
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Case Rates: Whatcom County Sub-County Areas

New confirmed COVID-19 cases per 100,000 people during the prior two weeks



Specimen Collection Date

Data for the past 14 days is considered preliminary and may change due to data reconciliation. Sub-county areas are defined by school district boundaries.

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Vaccination Coverage Whatcom County Department



Whatcom County: Percent of Age Group Vaccinated for COVID-19

Vaccination Initiated Vaccination



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Whatcom County: Percent of Population who have Initiated COVID-19 Vaccination by Sub-County Area



Microsoft Power BI

SARS-CoV-2 Variants Whatcom County Department

Variant overview

- Proportion of cases due to specific variants changes over time as more transmissible variants spread and become the dominant strains.
- Alpha (B.1.1.7) was dominant strain after original strains, 50% more transmissible.
- Gamma (P.1) and Delta (B.1.617.2) even more transmissible than Alpha, anticipate Delta being dominant strain by late summer, early fall.
 Different timelines by region.

Washington State follows the Center for Disease Control and Prevention's variants of concern.

These include:

Name	Area of emergence	CDC designation	Cumulative Washington cases detected	Earliest specimen collection date	Most recent specimen collection date	
B.1.1.7	United Kingdom	Variant of concern	5,629	2021-01-07	2021-06-03	
B.1.351	South Africa	Variant of concern	147	2021-01-29	2021-05-24	
P.1	Brazil	Variant of concern	1,133	2021-02-06	2021-06-02	
B.1.427	California	Variant of concern	361	2020-12-11	2021-05-20	
B.1.429	California	Variant of concern	2,750	2020-11-20	2021-06-01	
B.1.526*	New York	Variant of interest	345	2021-01-21	2021-06-02	
B.1.525	New York	Variant of interest	66	2021-02-05	2021-05-13	
P.2	Brazil	Variant of interest	37	2021-01-28	2021-04-20	
B.1.617** India		Variant of interest	206	2021-03-22	2021-06-02	

*Includes B.1.526 and B.1.526.1 **Includes B.1.617, B.1.617.1, B.1.617.2, and B.1.617.3

 Sequencing can be performed on stored specimens at any time, so the earliest collection date may change as additional specimens are sequenced. 9 / 23 | - 100% + | 🕃 🚸

Pend Oreille	2	0	1	0	0	0	0	0	0
Pierce	442	12	68	18	309	23	2	2	4
San Juan	6	0	0	0	0	0	0	0	0
									8

County	B.1.1.7 count	B.1.351 count	P.1 count	B.1.427 count	B.1.429 count	B.1.526* count	B.1.525 count	P.2 count	B.1.617* * count
Skagit	112	0	9	1	12	0	0	0	0
Skamania	2	0	0	0	0	0	0	0	0
Snohomish	821	15	114	31	266	26	4	1	12
Spokane	67	1	59	4	34	6	1	0	1
Stevens	0	0	1	0	0	0	0	0	1
Thurston	81	4	5	4	24	2	0	0	0
Walla Walla	3	0	3	7	4	1	0	0	0
Whatcom	254	1	91	5	21	8	2	0	0
Whitman	40	0	1	6	6	1	0	0	0
Yakima	135	11	33	92	373	12	1	8	10

*Includes B.1.526 and B.1.526.1 **Includes B.1.617, B.1.617.1, B.1.617.2, and B.1.617.3



Collection date, two weeks ending

United States: 5/23/2021 - 6/5/2021 NOWCAST



Collection date, two weeks ending

United States: 5/23/2021 - 6/5/2021 NOWCAST



COVID-19 Treatment and Prevention

- Clinical guidance provided by WCHD is based on consensus guidelines, primarily those from NIH, CDC, and national medical specialty societies.
- The guidelines are based on a thorough and ongoing critical review of the results, study methods, and analyses used in relevant studies.
- Speculative or promising treatments need to be evaluated for safety and efficacy before they are disseminated by public health.
- Expert panels, like the CDC Advisory Committee on Immunization Practices, the FDA Advisory Boards, and the NIH COVID-19 Treatment Guidelines Panel, provide that evaluation of the evidence.

Vaccines - from Research to Approval

FDA – Data monitoring and safety board must approve application for clinical trials

- Phase 1 trial safety of the vaccine candidate. Escalating doses given to healthy volunteers to determine side effects and tolerability.
- Phase 2 trial expands recruitment and may include participants with health conditions such as obesity, cancer, and diabetes. Active recruitment for participants of various demographics. Continued testing of the safety of the vaccine and its initial efficacy and how it affects the immune system.
- Phase 3 trial recruit thousands of participants to measure the efficacy of the vaccine in preventing disease.

- Manufacturers submit their data with applications for EUA or licensing. Reviewed by FDA teams and by independent advisory board (VRBPAC)
- Key to rapid development of COVID-19 vaccines was multiple vaccine platforms, previous development of vaccines for SARS-CoV-1, MERS, and others, and gene sequencing and sharing of genome within weeks of initial isolation of SAR-CoV-2
- Simultaneous Phase 2 and 3 trials, with public funding of trials allowed for compression of timeline with maintenance of safety review.
- VAERS, v-safe, Vaccine Safety Datalink (VSD), Clinical Immunization Safety Assessment (CISA) for postauthorization safety surveillance

COVID-19 Vaccine Safety and Efficacy

- Although response of variants to vaccines vary, all provide significant protection against current VOC, markedly reduce risk of severe disease/hospitalization/death, and reduce transmission.
- New info on Delta variant response to vaccines show little efficacy from first dose mRNA vaccine, need full series to have significant protection.
- FDA and CDC reviewing rare cardiac inflammation events following mRNA vaccine, clotting events following adenovirus vector vaccines. Vaccine safety system is identifying issues and investigating.
- Risk of cardiac inflammation is higher and more severe with COVID-19 infection than from vaccine. AAP, ACC, CDC strongly recommend vaccination.

Summary

- Virus is suppressed, not eliminated. We are all safer when transmission is less.
- Those without prior immunity are susceptible.
- Vaccine is safest and most effective protection.
- Those at risk should continue to mask, distance, avoid gatherings with unvaccinated.
- Current status is good and improving. Concern remains for variants that are more transmissible, more virulent, and less responsive to neutralizing antibodies (from vaccine or prior infection)

References/Data Sources

- <u>https://www.whatcomcounty.us/3427/COVID-19-Data</u>
- <u>https://coronavirus.wa.gov/what-you-need-know/roadmap-recovery-metrics</u>
- <u>https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/data-tables/420-316-SequencingAndVariantsReport.pdf</u>
- <u>https://covid.cdc.gov/covid-data-tracker/#variant-proportions</u>
- <u>https://www.cdc.gov/coronavirus/2019-ncov/variants/variant-info.html#Concern</u>
- <u>https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety.html</u>
- https://www.covid19treatmentguidelines.nih.gov/about-the-guidelines/

Vaccine Safety

- FDA COVID-19 Vaccine Safety Updates, Vaccines and Related Biological Products Advisory Committee (VRBPAC), June 10, 2021 <u>https://www.fda.gov/media/150054/download</u>
- CDC Advisory Committee on Immunization Practices (ACIP) meeting 6/23/21 will provide update on mRNA vaccines and cardiac inflammation and discuss COVID-19 mRNA vaccines in adolescents and young adults: benefit-risk discussion <u>https://www.cdc.gov/vaccines/acip/meetings/downloads/age</u> <u>nda-archive/agenda-2021-06-23-508.pdf</u>
- CDC Vaccine Safety Programs
- <u>https://www.cdc.gov/vaccinesafety/index.html</u>