From: <u>noreply@civicplus.com</u>

To:

Subject: Online Form Submittal: Board and Commission Application

**Date:** Tuesday, January 05, 2021 10:20:43 AM

## **Board and Commission Application**

#### Step 1

Application for Appointment to Whatcom County Boards and Commissions

#### **Public Statement**

THIS IS A PUBLIC DOCUMENT: As a candidate for a public board or commission, the information provided will be available to the County Council, County Executive, and the public. All board and commission members are expected to be fair, impartial, and respectful of the public, County staff, and each other. Failure to abide by these expectations may result in revocation of appointment and removal from the appointive position.

Title	Mr.
First Name	Tamara
Last Name	Mattson
Today's Date	1/5/2021
Street Address	2446 Lyn Ct.
City	Custer
Zip	98240
Do you live in & are you registered to vote in Whatcom County?	Yes
Do you have a different mailing address?	Field not completed.
Primary Telephone	3604109044
Secondary Telephone	3606031216
Email Address	TamaraM@Lummi-nsn.gov
Step 2	
1. Name of Board or	Child & Family Well-Being Task Force

## Committee

Committee	
Child & Family Well- Being Task Force	Yes
2. Do you meet the residency, employment, and/or affiliation requirements of the position for which you're applying?	Yes
3. Which Council district do you live in?	District 5
4. Are you a US citizen?	Yes
5. Are you registered to vote in Whatcom County?	Yes
6. Have you declared candidacy (as defined by RCW 42.17A.055) for a paid elected office in any jurisdiction within the county?	No
7. Have you ever been a member of this Board/Commission?	No
8. Do you or your spouse have a financial interest in or are you an employee or officer of any business or agency that does business with Whatcom County?	No
You may attach a resume or detailed summary of experience, qualifications, & interest in response to the following questions	Attached

0. Dlagge describe your	I am the Project AWARE Local Education Agency manager for
9. Please describe your occupation (or former occupation if retired), qualifications, professional and/or community activities, and education	the Ferndale School District representing the Lummi Nation and all Federally recognized American Indian/Alaskan Native students.  Additionally, I am a licensed mental health counselor, a child mental health, and trauma specialist providing direct mental health services to the Lummi Nation via Lummi Behavioral Health Department.
10. Please describe why you're interested in serving on this board or commission	I serve an under-represented Native American community via the Ferndale School District and the Lummi Behavioral Health Department. As such, I am in a unique position to awareness of the strengths, needs, and issues facing the Lummi youth and their families. By serving on the Child and Family Well Being Task Force, I can help the Whatcom County Government with improved equity and in meeting the needs of its under served Native American/Alaskan Native population. Therefore, indirectly better meeting the needs of the Lummi youth and families I serve.
References (please include daytime telephone number):	Megan Ballew, Lummi Behavioral Health Director, 360-312-2130, MeganB@Lummi-nsn.gov Leah Martinez, Clinical supervisor, Lummi Behavioral Health, 360-384-7149, LeahM@Lummi-nsn.gov Valerie Cultee, Project AWARE Director, Lummi Behavioral Health, 360-383-9288, ValerieC@Lummi-nsn.gov
Signature of applicant:	Tamara M Mattson, LMHC, CMHC,
Place Signed / Submitted	Custer, WA/ 01-05-21
	(Section Break)

Email not displaying correctly? View it in your browser.

### Tamara M Mattson, LMHC, LHt, CMHS, CCTS 2446 Lynn Ct. Custer, WA. 98240 360) 410-9044 cell

Objective:

To serve the Lummi people in a clinical and administrative way while challenging my current abilities and skills. Specifically sought is a career opportunity that has the potential to make a difference in the lives of Lummi Nation children and their families.

Education: 2/23-24/2020 Washington State Clinical Trauma Professional

Course of Study: Clinical trauma response

Course of Study: Certification as Clinical Trauma Professional

9/15 – 06/18 Therapy Animal Program – Pet Partners, Level 1 & 2

AKC Canine Good Citizen Title Certification – American Kennel Club (for AAT Dog)

AKC Therapy Dog Title Certification – American Kennel Club (for AAT Dog)

9/12 – 06/13 *University of Massachusetts*Course of Study: Autism Intervention Specialist Classes

09/11 – 06/12 Bellingham Technical College

Course of Study: Clinical Hypnotherapy

Certification Received. WA State License: HP603623463

**10/03 – 12/06** *Capella University* 

Course of Study: Clinical Psychology WA State License: LH60233712

Course of Study: Certification in Marriage & Family Therapy

Masters of Science Degree Awarded, with Honors.

**2/05, 10/06** *King County Bar Association* Course of Study: Family Law Guardian ad Litem, Title 26 Certification Received.

**10/01 – 6/02** Bellingham Technical College Course of Study: Para-Educator Certification Program.

Certificate Received.

All Washington State Para-Educator Core Competencies met.

Work 12\14 - Present Lummi Behavioral Health

**Experience:** Position: Community Mental Health Therapist, Child Mental Health Specialist Position: Project AWARE Local Education Agency Manager, Ferndale School

District. Including participating in FSD Emergency Mobile Response Team

04\13 – 12\14 Lyndale Child & Family Therapy (Private practice)

Position: Community Mental Health Therapist serving Medicaid clients in

Lynden

8/08 – 04\13 *Catholic Community Services: Community Mental Health* Position: Community Mental Health Therapist

3/07 - 8/08 *CCS: Children's Hospitalization Alternative Program: Skagit* Position: Child Hospital Alternative Program Therapist (CHAP)

1/06 – 9/06 *CCS: Children & Family Community Mental Health: Whatcom* Position: Clinical/Counseling MS Intern – Community Mental Health, CMHC

8/04 - 8/05 Sunrise Services, Inc.

Position: Crisis Response Aide, 24\7 On-call for Whatcom County

7/95 – 5/97 Lake Whatcom Residential Treatment Center

Position: Residential Clinician I / Rehabilitation.

8/94 – 3/95 Hathaway Children's Services

Position: Children's Residential Clinician.

# Professional Trainings:

Additionally, I have taken extensive professional skills enhancement trainings. Some of these include: Therapy Dog handling certification, Eye Movement Desensitization Reprocessing (EMDR 1 & 2 and FLASH - Certified); Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Applied Suicide Intervention Skills Training (ASIST); Professional Assault Response Training (PART); Dialectical Behavior Therapy (DBT) for children and adolescents training; Rational Living Therapy (RLT), 1-2-3 Magic Parenting; Parent Effectiveness Trainings (PET); Nurtured Heart; Para-educator training; Understanding self harming behaviors; Working effectively with resistant parents; Adlerian focused child and family training; trainings for Developmental Therapy-Developmental Teaching Observation Report Form, Revised (DTORF), Children's Functional Assessment Rating Scale (CFARS), Child and Adolescent Level of Care Utilization System (CALOCUS) assessments; the Washington state mandated HIPAA, Suicide prevention, and the blood borne pathogens/universal precautions courses, as well as CPR / First Aid certification. Including a multitude of other trainings.

Skills:

My skills include, but are not limited to strength based, solution oriented, individual and family focused counseling. I have a specialty in children with a minor specialty in trauma. Also possessed are knowledge of mental health and social service systems. I enjoy conducting and analyzing assessments. Furthermore, I've developed strong leadership, multi-tasking and organizational abilities, am computer literate, and a familiarity with general office operations and machinery. Finally, I possess an inquisitive, enthusiastic, and compassionate, as well as resourceful and committed nature.

Professional2014 – PresentSociety of Indian PsychologistsMemberships:2003 – PresentWA State Psychological Association

2003 – Present APA Div. 53 Clinical Child & Adolescent Psychology

1994 – Present *Gold Key Honor Society* 

1994 – Present *Psi Chi Psychological Association*