



MEMORANDUM

TO: Jack Louws, County Executive
FROM: ^{ADD} Regina A. Delahunt, Director
RE: Washington State Department of Children, Youth & Families –
Interlocal Agreement to support Perinatal Mood and Anxiety Disorders
DATE: January 17, 2019

Enclosed are two (2) originals of a contract between Whatcom County and Washington State Department of Children, Youth & Families for your review and signature.

▪ **Background and Purpose**

Maternal mental health is a key ingredient in ensuring a child receives consistent, nurturing caregiving. Women experiencing Perinatal Mood & Anxiety Disorders (PMADs) are often unable to provide the care a child needs for optimal early brain development. Research suggests that at least 1 in 8 women experience perinatal mood disorders; this figure is nearly 1 in 2 for low-income women. Isolation exacerbates the impacts of poverty on health. Based on community assessment data, our low-income Latina families are, as a group, one of the most isolated. The purpose of this contract is to support the development of locally based peer support for Latina women at risk for or experiencing PMADs.

▪ **Funding Amount and Source**

The source of funding for this agreement, in an amount not to exceed \$10,000, is the Federal Health and Human Services (HHS) Agency Community Based Child Abuse Prevention (CFDA 93.590) passed through the Washington State Department of Children, Youth & Families. Funding for this agreement is included in the 2019 budget. Council approval is required per RCW 39.34.030(2) for agreements between public agencies.

Please contact Allison Williams at extension #6145 if you have any questions regarding this agreement.

Encl.

