LAKE WHATCOM CENTER Supporting Recovery, Empowering Growth 10000

## LAKE WHATCOM CENTER TIMELINE

"Blue Canyor Foundation" 21 Clients (elderl developmentall disabled) No programs	n 67 bu y & 5	"Lake Whatcom Residential & Treatment Center" 67 bed facility, 2 apartment buildings, using a unit for outpatient 59 residential dients, 37 outpatient 4 different programs		ake Whatcom Center bed facility, 5 apartme plexes, outpatient off Duplex residential dients, 20 outpatient 7 programs	ent lice, DO Renc	Renovated 86 bed care facility 7 Bed Oxford House 32 Bed Long-term Recovery Bed Facility	
4 staff		40 staff		60 staff	•		
<b>•</b>				<b></b>		0	
1968	1980's	1990's	2000's	2010's	2024	2025	
"Lake Whatcom Residential & Treatment Center" 67 bed facility 45 dients with SMI Supervised living 15 staff			ke Whatcom Residen Treatment Center" bed facility, 4 apartr ildings, outpatient of 5 residential dients, 7 outpatient 5 programs 50 staff	tial & 67 l comple nent capa ffice RTF,	ake Whatcom Center ed facility, 8 apartme exes (129 units, 244 t city), 12 bed ALF, 32 16 bed ESF, 2 new o residential dients, 66 outpatient 13 programs 130 staff	ent enant bed offices	



# ONE AGENCY Lots of services

Lake Whatcom Center serves adults with severe and persistent mental illness. Providing wraparound services so clients are able to meet multiple needs at one location is an important piece of care at LWC.

## LWC LOCATIONS





Birchwood 1200 Birchwood

Maplewood 2626 Maplewood



Baker Creek 2 1661 Baker Creek



Recovery Beds 1727 E Sunset











Alabama House 3630 Alabama

Orchard 3600 Meridian

Agate 3400 Agate Heights

Baker Creek 1641 Baker Creek Community Center 1725 E Sunset

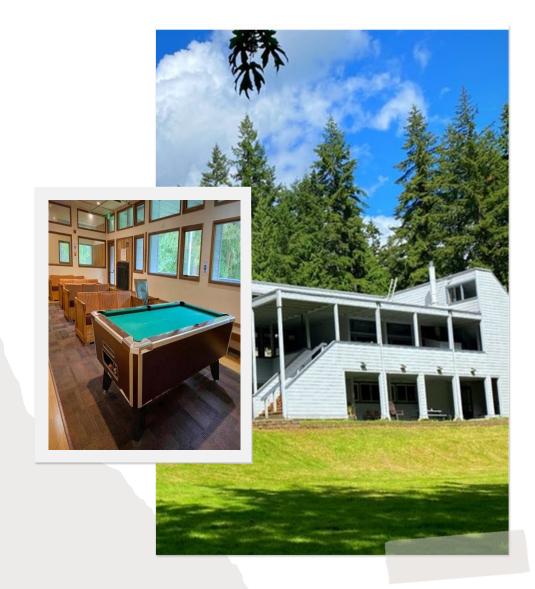
## Maplewood-ESF

- Enhanced Services Facility
- Clients have both mental health and medical needs
- 16 beds
- Clients may choose to have Case Management
- All staff are HCAs
- 4:1 Staff:Client ratio
- Supervisor: Brian Francis
- MH Coordinator: <u>Cameron Gardener</u>





- Residential mental health treatment
- 67 Bed facility
- 9 Case Managers
- 2 Medical staff
- Caseloads are 5-10 clients
- Supervisor: Linda Dunn
- Coordinator: Charlie Butz



#### <u>Alabama House</u> Operational 24/7



## Alabama House-ALF

- Assisted living facility for medically fragile clients
- Clients have both mental health and medical needs
- All clients are in IOP
- 12 Bed facility
- 6 On-site staff
- 1 Medical staff
- Supervisor: Lafarro Williams
- Coordinator: Justine Griffith



## BCRTF

Baker Creek Residential Treatment Facility

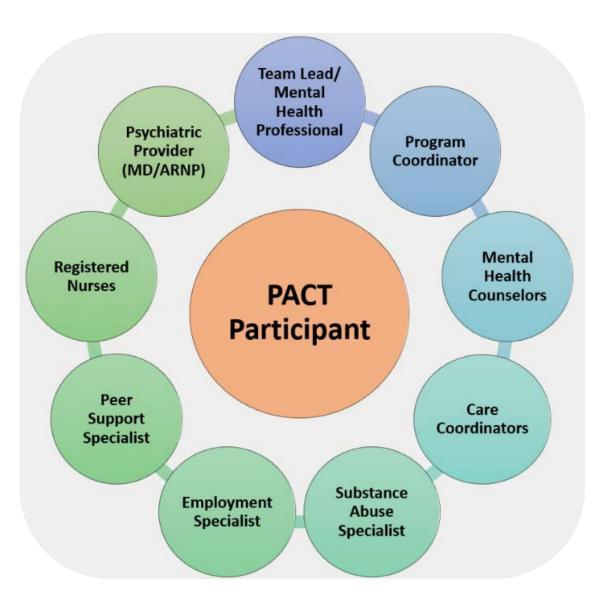
- Residential substance use and mental health treatment
- Serves LWC and non-LWC clients
- 32 Bed facility
- 11 Clinical staff
- 1 Medical staff
- Supervisor: Jacqueline Hause
- Coordinator: <u>Chelsey Branch</u>

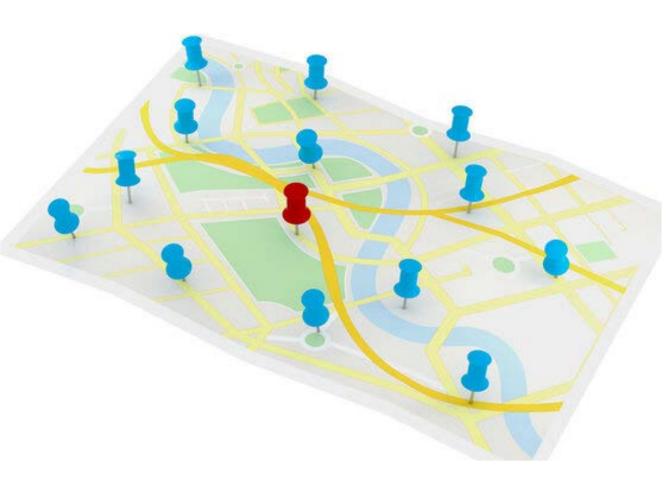


# PACT

Program for Assertive Community Treatment

- Wrap around services for high-need outpatient clients
- Clients are met with up to 2-3x a day
- 50 Clients
- 7 Clinical staff
- 2 Medical staff
- Supervisor: <u>TBD</u>
- Coordinator: Jennifer Ervin







#### Intensive Outpatient Program

- High intensity services for outpatient clients
- Clients are met with up to 2-3x a week
- Caseloads are 15 clients
- 10 Case Managers(per team)
- Supervisor: <u>Yvonne DuBois (Green Team)</u>
- Supervisor: <u>Andrea Northey (Blue Team)</u>
- Coordinator: <u>Hailey Wilson</u>

# CCM

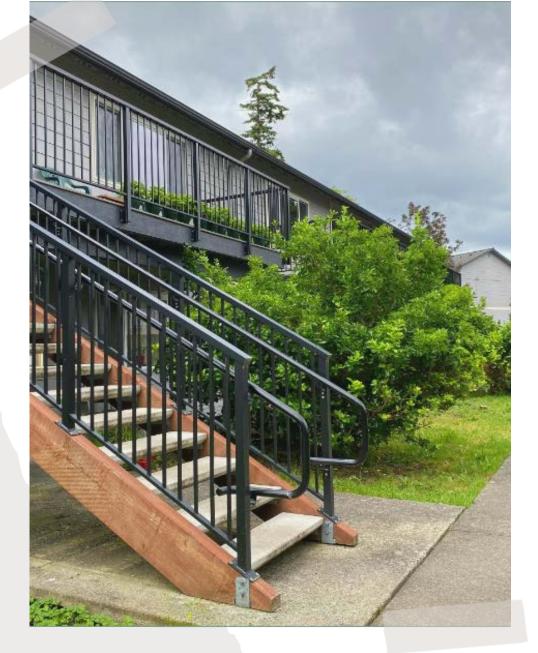
Community Case Management

Less intensive case management for outpatient clients

Clients are met with once every 3-6 weeks

Caseloads are up to 60 clients

- 5 Case Managers
- Supervisor: Esther Heckman







## **HEART**

### Holistic Engagement through Allied Recovery & Treatment

- Crisis support & stabilization
- Community Center & Recovery Beds
- Embedded Library Program
- 8 Clinical staff
- Serves all LWC clients (and some non-LWC folks)
- Supervisor: Alice Ferwerda

# LWC SERVICES <u>HEART-</u> <u>Community Center & Recovery Beds</u>

Holistic Engagement through Allied Recovery & Treatment

- Short-term transitional housing
- 8 shelter beds
- 4-5 groups run at Community Center weekly
- Holiday celebrations at community center
- Serves all LWC clients (and some non-LWC folks)
- House Case Manager: Charlie Bradford



# LWC SERVICES <u>HEART-</u> <u>Embedded Library Program</u>

Holistic Engagement through Allied Recovery & Treatment

- Case Manager at Bellingham Downtown Library daily
  - o De-escalation
  - o Community Referrals
- Serves all LWC clients (and some non-LWC folks)





## Housing & Employment Services

#### Housing

- 2 administrative staff
- 8 apartment complexes
- Supervisor: <u>Hannah Moore</u>





#### Employment

- 3 staff
- ~100 clients
- Supervisor: <u>Ethan Dodgson</u>





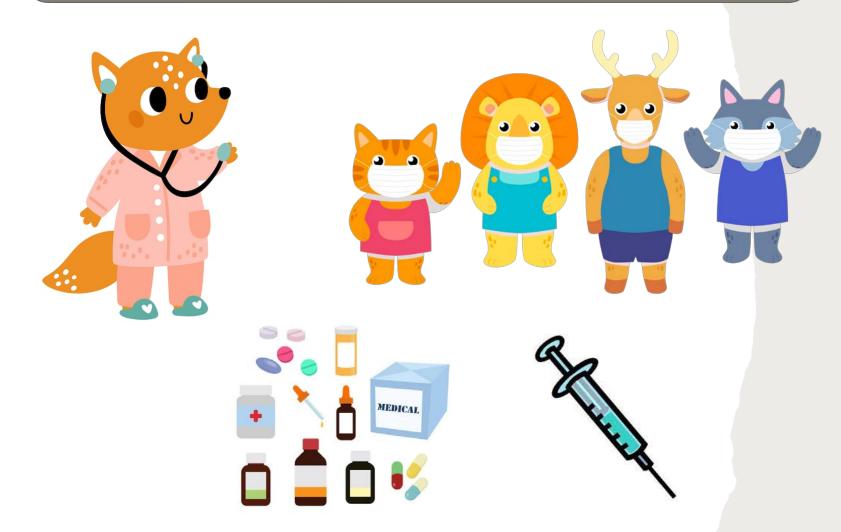
## Medical & Prescribing Services

#### Medical

- 3 staff at main office
- ~200 clients
- Supervisor: <u>Angela Belcaster</u>

#### Prescribing

- 4 Prescribers
- ~375 clients
- Supervisor: <u>Angela Belcaster</u>



### Therapy & Payee Services

#### <u>Therapy</u>

- 3 staff
  - o 2 interns
- 70+ clients
- Supervisor: <u>Andrew Hovenden</u>

#### Payee

- 1 staff
- ~170 clients
- Payee:
  <u>Kelsey Wood</u>









## STATS & SIGNIFICANT Accomplishments in 2024

#### • Baker Creek RTF –

- · 561 admits since June 2019 (average of 12/month)
- $\cdot$  5 successful 60 day stays graduated per month

#### • Agate Heights Assisted Living –

· 50 referrals annually. Average 12 transitions annually

#### • Maplewood ESF (Enhanced Services Facility) –

 $\cdot$  \$4 million dollar renovation for a 16 bed facility completed and licensed in late 2024

#### • HEART (Holistic Engagement Through Allied Recovery and Treatment) –

- $\cdot$  Emergent stabilization and outreach 9269 client contacts 2023 and 2024
- · Embedded Library Services 1436 client contacts 2024
- MH Court approximately 60 clients served annually
- · Emergent Shelter Beds 58 referrals in 2024

## STATS & SIGNIFICANT ACCOMPLISHMENTS IN 2024

• IOP (Intensive Outpatient Program) -

· Doubled the number of clinicians from 10 to 20, each carrying a case load of 15 clients

#### • PACT (Program for Assertive Community Treatment) -

 $\cdot$  Created and developed a shower/restroom and clothes facility to assist homeless clients with personal hygiene need

#### • Therapy/intake –

 $\cdot$  Open access 2 days a week and scheduled intakes performed upon release from jail, shelter beds, and Baker Creek RTF.

#### • Housing –

- · Over 175 clients in supported housing
- $\cdot$  22 unhoused to LWC housing
- $\cdot$  12 unhoused to non LWC housing
- $\cdot$  15 tenants transitioned from LWC supported housing to non LWC independent housing

#### • Agency Wide –

- · Average client contact hours is 53 hours per month per employee
- · 19878 total client contact hours



WE APPRECIATE YOU SPENDING YOUR TIME WITH US

Thank you!