

Education

June 2017

Masters of Social Work

University of Denver-Glenwood Springs

- Western Colorado MSW program focused on rural practice
- Conducted research showing the effectiveness of providing navigators in rural primary care offices to improve access to behavioral health care and overall treatment outcomes

May 2002

Bachelor of Science, Aerospace Engineering,

The University of Texas at Austin

May 2000

Bachelor of Arts, History with Mathematics Minor,

The University of Texas at Austin

Experience

Aug 2022-Present

Behavioral Health Clinician, PeaceHealth, Internal Medicine

Integrated Behavioral Health manager: Rebecca Springs,

- Provide brief therapy to adults with anxiety and depression symptoms
- Coordinate with Primary Care Providers to provide integrated care
- Supervise MSW intern
- Roll out the Suicide Prevention pilot project for PeaceHealth's Northwest Network with a variety of partners and stakeholders

Jan 2020-Present

Behavioral Health Navigator, Middle Park Health, Grand County

Clinic Practice Director: Christina Lockhart,

- Employment change only due to grant funding ending on 12/31/2019
- Local hospital district found value in program and provided sustainability
- Remove barriers to behavioral healthcare for rural residents of Grand County
- Provide brief therapy and bridge services to those seeking long term mental health care
- Provide long term therapy to rural residents who lack transportation, insurance, and/or financial resources to access limited available mental health care in a rural community
- Coordinate with Primary Care Providers county-wide to provide integrated care for Grand County residents

- Lead MPH's Zero Suicide Committee
- Planned and executed Grand County's first Suicide Awareness Event

Jan 2016-Present

Behavioral Health Navigator, Mind Springs Health, Granby Emergency Clinician

Program Director: Makena Line,

- Direct client care focused on removing barriers to BH care in a rural county
- Created accessibility for over 15,000 rural Colorado residents for their mental health care needs
- Outreached over 3% of the county's population after referrals from primary care providers and community service agencies
- Provided community education and outreach for primary care providers, community partners, large employers, and residents
- Provide direct supervision to program intern, MSW student
- Provide emergency/crisis mental health care for Grand County
- Provide grief counseling after sudden loss in Grand County

Sept 2015-May 2017 MSW Intern/Health Coverage Guide, Grand County Rural Health Network

Executive Director: Jen Fanning,

- Program development of the Mental Health Navigator program
- Assist in writing grant to obtain Mental Health Navigator program seed funding
- Interview clients to assess health care needs
- Assist clients with accessing health insurance, removing barriers to health care

Jun 2011-July 2015

Senior Route Manager, Waste Management, Grand County

District Manager: Kevin Richards,

- Manage trash and recycling services for Grand County
- Train and guide drivers to complete all routes safely
- Insure OSHA and FMSCA compliance
- Interview and hire drivers

Community

May 2019-Aug 22

Board Member, Grand County Rural Health Network

- Support the GCRHN mission of advocating and supporting the health of our community
- Support advocacy at the local and state level to insure policies support the needs of our community
- Work together with community partners to identify and understand community issues and resolve them together
- Educate community partners on social determinants of health

March 2020-Aug 22 Mental Health Branch Leader, Grand County Incident Management

- Chosen to lead the Mental Health Branch of Grand County's Incident Management Response Team to COVID
- Organized mental health providers, peer support for first responders, and the county's faith and spiritual community in unified response to support our residents during the COVID pandemic
- Pivoted to Fire disaster response team during the East Troublesome Fire in October 2020

September 11, 2022 Speaker at the East Troublesome Fire Festival

- Chosen to speak to attendees regarding mental health following a traumatic event
- Volunteered to support residents with mental health resources

September 12, 2022 Organizer of the first Suicide Awareness Event for Grand County

- Lead multiple agencies to organize a Suicide Awareness Hike and Event for Grand County after a record number of suicide losses in 2020
- Coordinated event planning including location and sponsors
- Event was attended by over 200 residents

July 17-19, 2019 Presenter at The 44th Annual National Institute on Social Work and Human Services in Rural Areas, Murray State University, Paducah, KY

- Presented research on the Mental Health Navigation program
- Highlighted the unique scalable model developed to meet rural needs
- Discussed program successes to reach vulnerable populations through their primary care offices and rural large employers

Sept 2018-Jun 2019 Guest Lecturer and Field Internship Supervisor, University of Denver

- Presentation on rural program sustainability for Professor Jae McQueen
- Provide clinical supervision for intern/MSW student

2009-2011 Founding Board Member, Grand Resource & Recycle Coalition

- Establish a subsidized recycling location for Grand County Residents
- Increase recycling rates in Grand County through partnerships with public and private entities
- Created a 501(c)3 non-profit as the first treasurer

Awards

2019 The 2019 Award for Excellence in Health Service

- Grand County Rural Health Network's annual award
- Grand County's highest award for health care providers

2019 **Above & Beyond the Call of Duty**

- Mind Springs Health & West Springs Hospital Quarterly Award
- Peer nominated award for being "a true change agent who has had a huge positive impact in her community"

References

Makena Line, Mind Springs Health,

Jen Fanning, Grand County Rural Health Network,

Kaitey Davidson, MSW, Former coworker and intern,