

Lynne Graham

Readjustment Counselor, Bellingham Vet Center [REDACTED], [REDACTED]

SUMMARY

• Licensed Clinical Social Worker providing mental health counseling to Active-Duty Military members, Veterans and their families focused primary on PTSD from combat exposure and military sexual trauma. Continuing to seek out new ways to enhance mental health outcomes and improve quality of life for those who served.

EDUCATION

DEGREE | SCHOOL | DATE EARNED

- Masters in Social Work, University of Washington, WA Dec 2019
- Air Force Senior Leadership School, Air University, AL Dec 2011
- Bachelor of Science, Political Science, Troy University, AL June 2009
- Associates of Applied Science, Air University, AL Jan 2005
- Associate in Arts, Social Science, Yuba College, CA May 2001

SUMMARY OF QUALIFICATIONS AND TRAINING

• EMDRIA Certified Eye-Movement Desensitization and Processing (EMDR), Certified Cognitive Processing Therapy, Emotion Focused Therapy, Internal Family Systems, EMDR 2.0, EMDR and Polyvagal Theory integration, Trauma-Focused Cognitive Behavioral Therapy, Cognitive Processing Therapy for PTSD, Post-Traumatic Growth, Mindfulness-Based Cognitive Therapy, Moral Injury, New Frontiers Couples' Therapy, Motivational Interviewing, Nutrition, LGBTQ Veterans Care, Suicide Awareness/Prevention, Domestic Violence/Sexual Assault Advocacy, Alpha-Stimulator Theory and Use, Yoga and Mindfulness Clinical Interventions, Acceptance and Commitment Therapy, Somatic Integration and Processing, Military Sexual Trauma, Emotional Freedom Technique/Mind-body Approach, Moral Injury, Dialectical Behavioral Therapy Skills

EXPERIENCE

Bellingham Vet Center, Bellingham WA

Jul 2020-Present

- Administers psychological assessments, designs/implements treatment plans with individual clients and groups
- Designs/executes interventions in collaboration with client's families and staff clinicians
- Collaborates with staff in assessing service and resource needs through administration of assessments
- Member of District level working group for Military Sexual Trauma designed to improve mental health care/outcomes for survivors through education, training, and consultation for counselors
- Coordinates community resources/implemented psychological interventions and experiences to insure client's community integration

Whatcom County VA Supportive Housing, Bellingham WA

Jun 2018-Dec 2019

- Conducted psychosocial assessments for chronically homeless Veterans, provided ongoing case management to assist Veterans in finding and maintaining housing with the

HUD-VASH voucher

- Connected Veterans/families to services associated with VA and community agencies related to housing, financial stability, substance use, mental health, and medical needs

COMMUNITY INVOLVEMENT

Whatcom Veteran's Advisory Board Chairperson Jun 2018-Present

- Provides guidance/leadership for board, sets agenda, coordinates members/community partners and facilitates meetings
- Provides oversight for tax levied Veterans Relief Fund, an amount just under \$1,000,000.

Featured Speaker for Women's Professional Network of Bellingham Nov 2019

- Presented on the barriers female veterans face during transition from active duty to civilian life

Accredited Veteran Service Officer Oct 2015-Sept 2018

- Educated veterans on available benefits through the VA and community resources and submitted disability claims for veterans, interviewed applicants, collected data, researched medical issues and VA regulations

Co-Facilitator Veteran's Writing Group for Women Jun 2018-Dec 2018

- Worked with female veterans to guide them through personal traumas, experiences to heal using the art of writing

Domestic Violence and Sexual Assault Survivor Advocate Oct 2015-Jun 2018

- Counseled/supported survivors through manning helpline, provided community outreach, attended court hearings and physical hospital exams with survivors
- Trained in Commercial Sex Trafficking tactics, mental health services for survivors, worked local task force to address immediate needs/provide needs of victims

LEADERSHIP

- Air Force Senior Non-Commissioned Officer (SNCO) Honorably Discharged (retired)
 - Led activities of 103 personnel to include effectively managing training and certification requirements, scheduling, and completion of daily tasks, managed \$40M in assets, 9 sections with different specialties
 - Instituted new operational programs, configured new workspaces, established supply chains within strict budget constraints and timeline requirements
 - Served as Executive Leadership's communication liaison for the Base Crisis Action team, responsible for maintaining vital communication link between organization and leadership during emergency situations

EMPLOYMENT HISTORY: UNITED STATES AIR FORCE OCT 1994-JAN 2015

- Superintendent, Chemical-Biological Defense Systems Branch
 - Led Air Force wide inventory that procured over \$850,000 in life-saving chemical warfare defense equipment for aircrews and saved \$500,000 via redistribution
- Superintendent, 9th Physiological Support Squadron
 - Developed policies and procedures, authored emergency response regulations, checklists and training plans for flight line technicians creating standardize programs