

EXECUTIVE:  
Satpal Sidhu



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**APPLICATION FOR APPOINTMENT TO WHATCOM COUNTY BOARDS AND COMMISSIONS**

PLEASE PRINT LEGIBLY and COMPLETE ALL ITEMS

Name: ALAN FRIEDLOB Date: 01/03/21  
Street Address: 6934 MOLEMAN AVE.  
City: BLAINE Zip Code: 98230  
Mailing Address (if different from street address): \_\_\_\_\_  
Day Telephone: 360 371 3441 Evening Telephone: SAME Cell Phone: 360 593 3397  
E-mail address: AFCITIZENSCIENCE@gmail.com

- Name of board or committee-**please see reverse**: NORTH SOUND MENTAL HEALTH ADMIN.
- You must specify which position you are applying for. Please refer to vacancy list. WHATCOM COUNTY REP. (WEBSITE NOTE: 2 VACANCIES)
- Do you meet the residency, employment, and/or affiliation requirements of the position for which you're applying? (If applicable, please refer to vacancy list.)  yes ( ) no
- Which Council district do you live in? ( ) One ( ) Two ( ) Three ( ) Four  Five
- Are you a US citizen?  yes ( ) no
- Are you registered to vote in Whatcom County?  yes ( ) no
- Have you ever been a member of this Board/Commission? ( ) yes  no  
If yes, dates: \_\_\_\_\_
- Do you or your spouse have a financial interest in or are you an employee or officer of any business or agency that does business with Whatcom County? ( ) yes  no  
If yes, please explain: \_\_\_\_\_
- Have you declared candidacy (as defined by RCW 42.17A.055, see instructions) for a paid elected office in any jurisdiction within the county? ( ) yes  no

You may attach a résumé or detailed summary of experience, qualifications, & interest in response to the following questions.

10. Please describe your occupation (or former occupation if retired), qualifications, professional and/or community activities, and education. SEE ATTACHED

11. Please describe why you're interested in serving on this board or commission: SEE ATTACHED

References (please include daytime telephone number): DEANA OTTUM (360) 927-8642  
REV. PAUL BECKEL (360) 820-9995; Chris Phillips, (360) 738-7120

Signature of applicant: Alan Friedlob

**THIS IS A PUBLIC DOCUMENT:** As a candidate for a public board or commission, the above information will be available to the County Council, County Executive, and the public. All board and commission members are expected to be fair, impartial, and respectful of the public, County staff, and each other. Failure to abide by these expectations may result in revocation of appointment and removal from the appointive position.

Statement, Alan Friedlob 01/03/21  
North Sound Mental Health Administration

I welcome the opportunity to apply for the vacancy on the Advisory Board of the North Sound Mental Health Administration.

I have lived in Whatcom County for 17 years. I served on the boards of the Northwest Regional Council from 2004-2010, and the Birch Bay Watershed and Aquatic Resources Management District from 2007-2010. I hold a Ph.D. in health services, research, and policy from the University of Minnesota and a M.S. in social work from Case Western Reserve University. I was a Commissioned Officer in the U.S. Public Health Service where I worked at the Centers for Medicare and Medicaid Services in the Office of Demonstrations and Evaluation for 13 years.

I have lived with bipolar disorder since the age of 24. I am 71.

For the last few months, I have worked with NAMI leader, Deana Ottum to launch a volunteer-led Serious Mental Illness (SMI) Coalition in Whatcom County. The goal of the Coalition is to examine critically what works and what doesn't to better address systemic challenges associated with persons living with severe mental illness in our community. Underlying the Coalition's reason for being is including the voices, wishes, and experiences of people that have mental health needs and who may have faced discrimination, not being able to access what they need, and not being offered what matters to them.

In the Coalition, I'm putting my analytic skills to work researching such issues as care coordination, the integration of behavioral and medical services, crisis stabilization, and delivery models to address first psychotic episode.

The Coalition will function as a learning collaborative, and we hope to surface new ideas and formulate actions to improve the quality of care in service delivery systems at local and State levels, while working towards enacting better policy and potentially re-directing funds to reduce the barriers to treatment for those who need it most.

If I am appointed to the Board, I hope to create a collaborative relationship between the Coalition and North Sound leadership and staff, while having the privilege of participating in shaping the delivery of behavioral health services in the North Sound region.