

SNAP-Ed LIVE WELL

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WSU EXTENSION

Whatcom County

What is SNAP-Ed?

SNAP-Ed is federally funded and administered by SNAP State and local implementing agencies. States conduct needs assessments to ensure that SNAP-Ed is delivered in a hands-on and tailored way for their communities. As a result, SNAP-Ed looks different in every State.

SNAP-Ed uses evidence-based, public health projects and interventions. A network of over 28,000 local partners work within States to deliver SNAP-Ed.

WSU Whatcom County Extension SNAP-Ed, has provided hands-on nutrition education in Whatcom County since 2004. We are a community nutrition education program for low-income households. WSU Whatcom SNAP-Ed reaches older youth, adults, and families with limited incomes to develop skills and behaviors to eat more healthfully and be more physically active. Our focus is to support and encourage healthy food choices and increase equitable access to foods for all community members and their families.



Our Partners

Foothills Food Bank

Ferndale Food Bank

Lynden Food Bank

Agape Food Bank

Nooksack Tribal Health Center

Lummi Tribal Health Center

Common Threads

Sustainable Connections

Bellingham School District

Mt. Baker School District

Goodwill Job and Training Center

Crossroads Grocery

East Whatcom Regional Resource Center

Bellingham Farmers Market

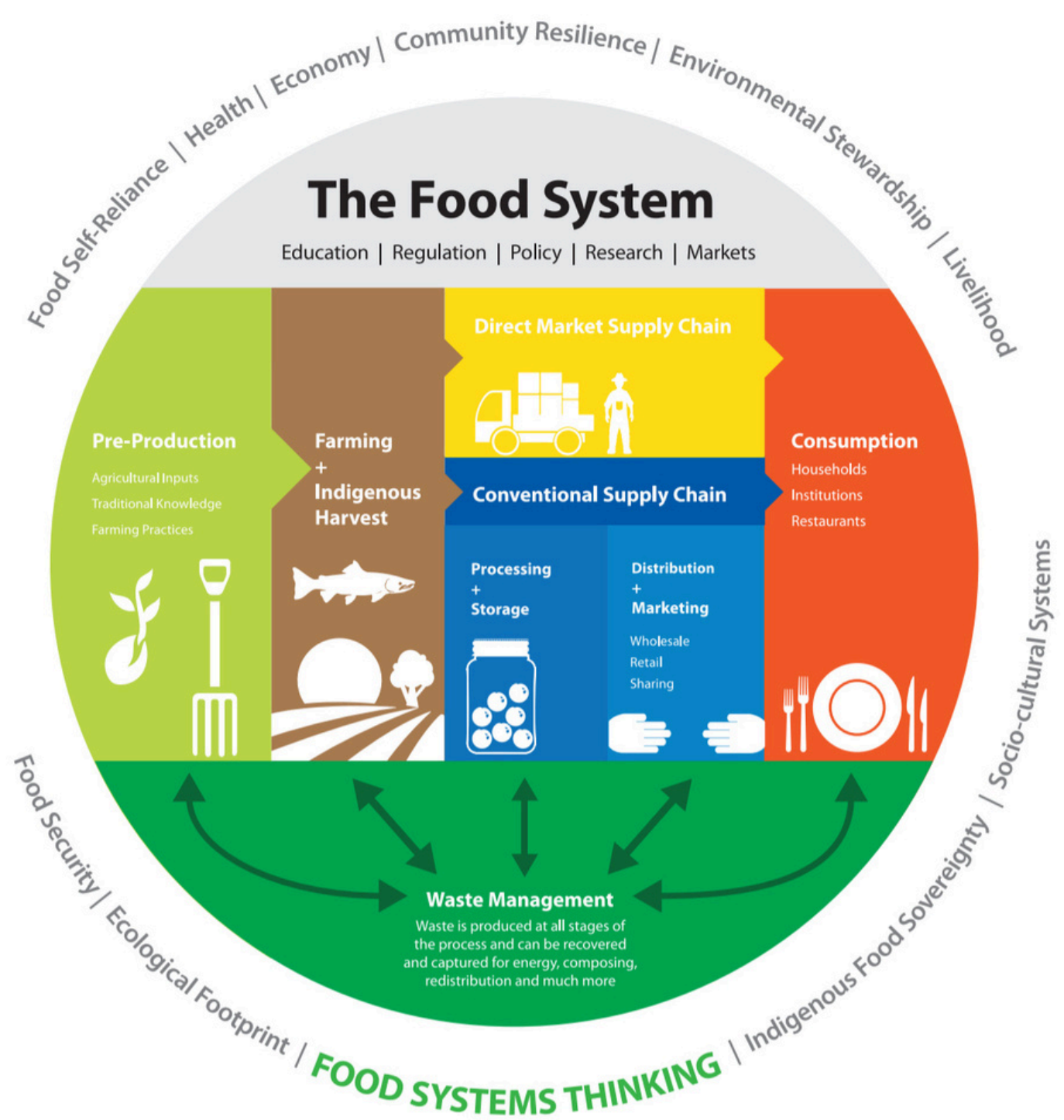
Twin Sisters Farmers Market

Mercy Housing

New Way Ministries

OPPCO

Brigid Collins



FOOD SYSTEMS THINKING

PSE
Indirect
Direct



1 PSE Strategies

- WCFSC (market exp., processing, etc)
- Food Bank Training/policy
- Food Access and Procurment, Market Match, Whatcom Grown. Pre season contracts

2 Schools and Childcare

- Freedge
- GRADS, Mt. Baker School District
- Goodwill Job and Training Center

3 Community Based

- EWRRRC, Brigid Collins, Oppco
- Senior Center
- Lummi Tribal Health Center
- Community Gardens

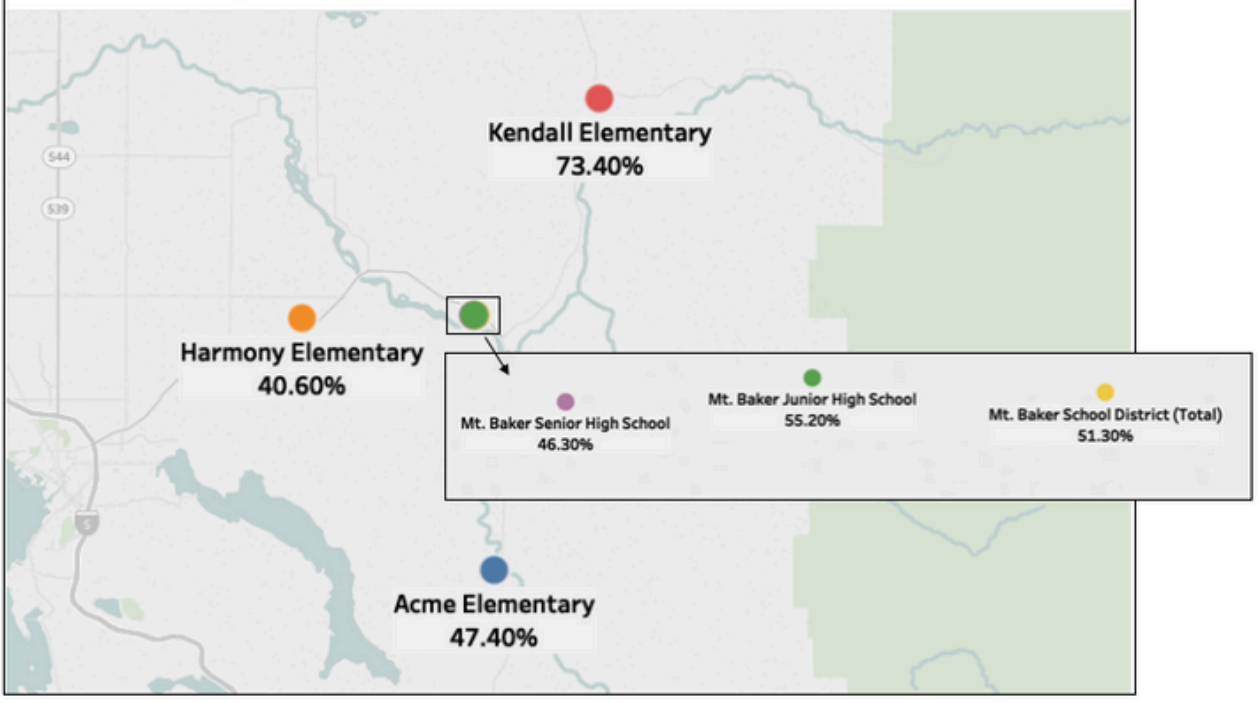
4 Retail and Food Access

- Commercial Kitchens
- gleaning support
- Food Banks
- Crossroads Grocery Store
- Farmers Markets

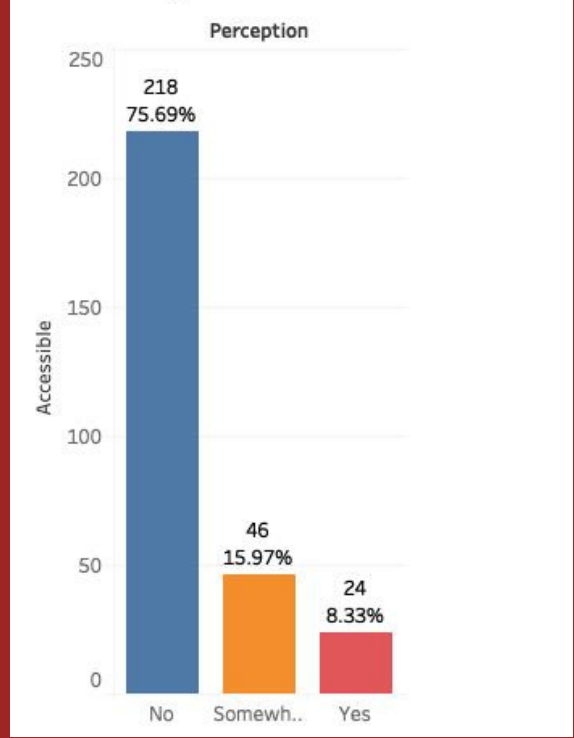
5 Coalitions

- Whatcom County Food System Commitee
- FCFP, FFB Board, FVIP CoP

Percent of Students Eligible for Free or Reduced Lunch at Mt. Baker School District Schools, 2016-2017

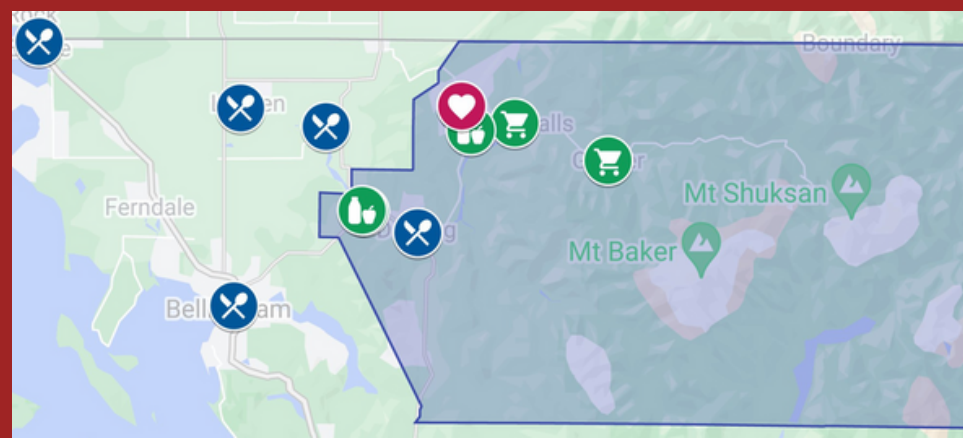


Do you think that food is accessible, convenient, and affordable in your community?



Income and Poverty, 2016-2017	Mt. Baker
Children eligible for free-reduced lunch per 100 students	51.3%
Supplemental Nutritional Assistance Program (SNAP) Recipients	21.79%
Temporary Assistance to Needy Families (TANF), per 100 Child Recipients	5.53

Why does SNAP-Ed work matter?



Program highlight



Serving 42 parents enrolled in Head Start
Local foods only at Crossroads Grocery
Economic investment into our producers
Serving an rural food desert
12k, currently in pilot phase



WSU EXTENSION
Whatcom County



3	Kragnes	Jalapeño	4.24	100	Lbs	4 weeks	Late sept- 9th October	400lbs	1696
4	Ben and Tyne	Carrots - toppless	1.25	60	Lbs	10 weeks	Sept 1 - November 27th	600 lbs	750
5	218-260-6506	Broccoli	3	60	Lbs	4 weeks	Aug 7th - sept 1st	240 lbs	720
6	Contract signed	Eggplants	2.5	40	Lbs	4 weeks	Sept 15th - oct 15th	160 lbs	400
7		Sweet corn	6	13	Dozen	4 weeks	Septmeber	52 dozen	312
8		Green beans	2.39	25	Lbs	8 weeks	July 15th - September 15th	200 lbs	478
9		Beets - red	1.64	100	Bunch	8 weeks	Sept - October	800 bunch's	1312
10		Green Bell pepper	1.59	50	Lbs	6 weeks	Mid aug - september	300 lbs	477
11									6145
12	Flynn	CROP	PRICE	QUANTITY	UNIT	FREQUENCY	DELIVERY MONTH	TOTAL PRODUCT	
13		Melons	0.5	100	Lbs	5 weeks		500 lbs	250
14	Savannah	Green beans	2.39	30	Lbs	6 weeks	July - aug 14th	180 lbs	430.2
15	360-820-8894	Banana peppers	3.34	50	Lbs	8 weeks	July 23rd- oct 20th	400 lbs	1336
16	Contract signed	Snap peas	3.71	50	Lbs	4 weeks	June 15th - July 15th	200 lbs	742
17		Garlic	3.5	50	Lbs	12 weeks	Aug-November	600 lbs	2100
18		Yellow squash	1.22	75	Lbs	6 weeks	June -Aug	450 lbs	549
19		Heirloom tomatoes	2.5	50	Lbs	4 weeks	Late July - early September	200 lbs	500
20		Sweet corn	6	13	Dozen	4 weeks	August	52 dozen	312
21		Beets - golden	1.64	100	Bunch	12 Week	July - September	1200 bunches	1968
22		Leeks	1.8	50	Lbs	12 weeks	Aug - oct	600 lbs	1080
23									9321
24	Sonder	CROP	PRICE	QUANTITY	UNIT	FREQUENCY	DELIVERY MONTH	TOTAL PRODUCT	
25	Em	Kale	2.5	40	Bunch	15 weeks	June 11th - September 17	600 bunch	1500
26	503-805-4937	Chard	2.5	40	Bunch	15 weeks	June 11th - September 17th	600 bunch	1500
27	No brassicas	Tomato - cherry	4.5	30	Lbs	9 weeks	Aug 6 - oct 1	270 lbs	\$1,215
28	Signed								\$4,215
29									
30									
31	Small Acres	CROP	PRICE	QUANTITY	UNIT	FREQUENCY	DELIVERY MONTH	TOTAL PRODUCT	
32		Red potato	1.75	200	Lbs	4 weeks	Aug - September	800 lbs	1400
33	Mia	Late onion	1.4	75	Lbs	4 weeks	October - November	300 lbs	420
34	206-755-1233	Spring onion	2.23	125	Bunch	4 weeks	June - July	500 bunches	1115
35	Signed	Garlic	8	17	Lbs	6 weeks	July - aug	100 lbs	800
36		Beef steak	4.35	30	Lbs	4 weeks	Aug - sept	120 lbs	522
37		Glacier tomato's	4.35	50	Lbs	4 weeks	July - aug	200 lbs	870
38		cauliflower	2.1	60	Lbs	4 weeks	Mid July - mid aug	240 lbs	504
39									5631
40	Vertical Fog	CROP	PRICE	QUANTITY	UNIT	FREQUENCY	DELIVERY MONTH	TOTAL PRODUCT	
41		Cabbage - green	1.35	100	Lbs	4 weeks	Aug - Sept (may be later)	400 lbs	540
42	Rob	Kale	2	48	Bunch	5 weeks	June - July	240 bunches	480
43	206-290-6975	Chard	1.64	48	Bunch	5 weeks	June - July	240 bunches	480
44	Signed	Acorn	1.22	100	Lbs	4 week	September - oct	400 lbs	488
45									1901.6
46	Brackenshire	CROP	PRICE	QUANTITY	UNIT	FREQUENCY	DELIVERY MONTH	TOTAL PRODUCT	
47	Rhiannon	Kale	1.8	50	Bunch	13 weeks	June - aug	650 lbs	1170
48	Signed	Zucchini	1.2	50	Lbs	13 weeks	July - sept	650 lbs	780
49									1950
50									
51									
52	Sunseed	CROP	PRICE	QUANTITY	UNIT	FREQUENCY	DELIVERY MONTH	TOTAL PRODUCT	
53	Margret - signed	Carrots	1.25	80	Lbs	5 weeks	July - August	400lbs	500
54	360-927-9827	Lettuce	1.74	200	Head	5 weeks	July - August	1000 heads	1740
55	5802 Saxon road	Cilantro/Dill/herb bun	1.06	145	Bunch	5 weeks	July - August	726 bunch	769.56
56									3009
57									
58									

33k into local farmers
Pre-season contracts



2024 Food Access Gardens



Thank you!!!

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