

## Advisory Group Application

### Step 1

#### Application for Appointment to Whatcom County Advisory Groups

##### Public Statement

**THIS IS A PUBLIC DOCUMENT:** As a candidate for a public advisory group, the information provided will be available to the County Council, County Executive, and the public. All advisory group members are expected to be fair, impartial, and respectful of the public, County staff, and each other. Failure to abide by these expectations may result in revocation of appointment and removal from the appointive position.

Title	Field not completed.
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First Name	Deb
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Last Name	Shawver
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Today's Date	12/13/2025
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Do you live in Whatcom County?	Yes
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Do you have a different mailing address?	Field not completed.
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### Step 2

1. Name of Advisory	Public Health Advisory Board
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## Group

Public Health Advisory Board	I have expertise, career experience, or lived experience in one of the areas listed above., I am a consumer of public health services. , I represent a stakeholder, such as a nonprofit organization, the business community, or those regulated by public health.
2. Do you meet the residency, employment, and/or affiliation requirements of the position for which you're applying?	Yes
3. Which Council district do you live in?	District 3
4. Have you ever been a member of this Advisory Group	No
5. Do you or your spouse have a financial interest in or are you an employee or officer of any business or agency that does business with Whatcom County?	No
6. Have you declared candidacy (as defined by RCW 42.17A.055) for a paid elected office in any jurisdiction within the county?	No
You may attach a resume or detailed summary of experience, qualifications, & interest in response to the following questions	Attached
7. Please describe your occupation (or former occupation if retired),	I am an independently licensed clinical social worker (LICSW) in private practice, credentialed with Medicare, Medicaid, and most private insurance plans. I currently provide individual therapy one day per week in-office in Bellingham, and virtual visits on other

qualifications,  
professional and/or  
community activities,  
and education

days. I am expanding access to care in East Whatcom County through home visits and free support groups.

I live in Peaceful Valley, Maple Falls, and am actively engaged in the community through the HEZ Project, Ask-A-Nurse, and other school-based programs. I am also working to develop a Rural Mental Health and Wellness Hub focused on increasing access to mental health support, social work services, and coordinated "warm hand-offs" to health and social services for rural residents.

8. Please describe why  
you're interested in  
serving on this  
Advisory Group.

I was invited to apply to represent East Whatcom County. I am passionate about helping our rural community, and I would like to provide a voice for small women's businesses, social services, and behavioral health.

References (please  
include daytime  
telephone number):

Jane Moudry - [REDACTED]  
Tracie Smith - [REDACTED]  
Tammy Roby - [REDACTED]  
Cheryl Rau - [REDACTED]

Appointment  
Requirements

I understand and agree

Signature of applicant:

Debra Shawver

Place Signed /  
Submitted

[REDACTED]

(Section Break)

## Experience

### ApptoCare

09/2024 to present

- Partnership formed with Steve Jennings and Bob Cardenas around Catch-Me app back-end healthcare platform, C-corp formed in Delaware to support further growth.
- Hosting clinical documentation and billing for clinical providers in behavioral health serving individual clients
- Hosting a library of wellness apps, SaaS, web-based behavioral health tools, and other resources which providers can use to augment existing mental health treatment
- Future site for local roll-out of ApptoCare to be determined, in Rural East Whatcom County

### Chuckanut Health Foundation

Whatcom County, WA

7/2024 to present

- “Youth and Mental Health Engagement Specialist” Health Equity Zone - Mount Baker Region
- Active in bringing mental health services to East Whatcom County Kendall/Maple Falls (home-visits, groups, and community events)
- Engaging in youth outreach, identifying current programs, and creating new solutions of support, and expanding access to care for our youth in Whatcom County, specifically the Mount Baker School District
- Fiscally sponsored by Chuckanut Health Foundation since 04/2025

### Catch-Me, LLC

Whatcom County, WA

12/2022 to present

- MVP Behavioral Skills App on App Stores for iOS and Android phones
- Catch-Me Trademarked and Intellectual Property recorded and owned
- Interactive user experience designed to enhance social emotional health and wellbeing for teenagers and young adults

### Bellingham Therapeutic Counseling, PLLC

Whatcom County, WA

12/2015 to present

- Owner and Private Practice Clinician – Full time – ages 13 and older, using individual, family, group, couples therapy – as well as coordination with physicians, schools, & agencies
- Up to date on all City, State, and Federal taxes and payments
- Single woman owned and operated, fulfilling all duties with book keeping, scheduling, billing, and counseling practice
- Current and average caseload of 80, seeing between 18-25 clients per week

Belfair Therapeutic Counseling	Belfair, WA	6/2005 to 6/2015
<ul style="list-style-type: none"><li>Opened private practice, operated as sole proprietor. Individual, family, group therapy. Fully woman owned and operated</li></ul>		
Kitsap Mental Health - Madrona Day Treatment	Bremerton, WA	5/2004 to 8/2008
<ul style="list-style-type: none"><li>Therapist serving children 8-18, treatment planning, individual and family and group therapy</li></ul>		
Oregon State Hospital	Salem, OR	3/2003 to 4/2004
<ul style="list-style-type: none"><li>Discharge coordinator for Inpatient Psychiatric Treatment - Adolescent Ward</li></ul>		
Catholic Community Services	Salem, OR	8/2002 to 3/2003
<ul style="list-style-type: none"><li>Individual and Family Therapist</li></ul>		
Hale Opio - Kauai	Kauai, HI	7/2001 to 7/2002
<ul style="list-style-type: none"><li>Parent Supervisor for Therapeutic Foster Home Program</li></ul>		
Catholic Community Services - Martin Center	Bellingham, WA	10/1996 to 7/2001
<ul style="list-style-type: none"><li>Residential Treatment, Shift Supervisor, Counselor</li></ul>		

## Education

Eastern Washington University	1999 to 2001
Completed a Master of Social Work, with certification in School Social Work. Completed internships at Nooksack School District and Bellingham School District. Graduated July 2001	
Western Washington University	1990 to 1993
Bachelor of Arts in Social Psychology December 1993- internship in Whatcom County Juvenile Detention, and volunteer experience with the Whatcom County Crisis Line.	

## Certifications

Certified Women's Small Business Owner State and Federal, WA state Social Worker Independent Clinical License - since 9/21/05

## Organizations

Board Member of Foothills Community Alliance, Board Member of Whatcom Mobile Medicine, Member of National Association of Social Workers, Member of National Association for the Self-Employed, Member of Life Science of Washington, Member of Behavioral Health Tech