



Application for Appointment to Whatcom County Boards and Commissions

Public Statement

THIS IS A PUBLIC DOCUMENT: As a candidate for a public board or commission, the information provided will be available to the County Council, County Executive, and the public. All board and commission members are expected to be fair, impartial, and respectful of the public, County staff, and each other. Failure to abide by these expectations may result in revocation of appointment and removal from the appointive position.

Title	Ms.
First Name	Mullane
Last Name	Harrington
Today's Date	4/27/2020
Street Address	5104 Graveline
City	Bellingham
Zip	98226
Do you live in & are you registered to vote in Whatcom County?	Yes
Do you have a different mailing address?	<i>Field not completed.</i>
Primary Telephone	3603199853
Secondary Telephone	<i>Field not completed.</i>
Email Address	muhwane@hotmail.com
1. Name of Board or Committee	Behavioral Health Advisory Committee
Behavioral Health Advisory Committee Position:	Behavioral Health Professional
2. Do you meet the residency, employment, and/or affiliation requirements of the position for which you're applying?	Yes
3. Which Council district do you live in?	District 2

4. Are you a US citizen? Yes

5. Are you registered to vote in Whatcom County? Yes

6. Have you declared candidacy (as defined by RCW 42.17A.055) for a paid elected office in any jurisdiction within the county? No

7. Have you ever been a member of this Board/Commission? No

8. Do you or your spouse have a financial interest in or are you an employee or officer of any business or agency that does business with Whatcom County? No

You may attach a resume or detailed summary of experience, qualifications, & interest in response to the following questions

[CV for Presentations MHarrington.docx](#) - attached

9. Please describe your occupation (or former occupation if retired), qualifications, professional and/or community activities, and education Interim Manager for inpatient psychiatric unit at St. Joe's

10. Please describe why you're interested in serving on this board or commission To represent the most vulnerable and marginalized members of my community.

References (please include daytime telephone number): Rachel Lucy 360-734-5400

Signature of applicant: Mullane Harrington

Place Signed / Submitted Bellingham, WA

Mullane Harrington RN-BC, BSN, MPH

Curriculum Vitae

Personal Summary

A dynamic, registered nurse certified in psychiatric and mental health nursing with a strong record of achievement combining skills in diverse areas of health care delivery and education, group/staff leadership, program development and project management, building partnerships, and community relations. Solid history of self-motivated project development in care of marginalized and vulnerable populations. Highly motivated and intuitive, and invested in the promotion of intergenerational justice through equitable access to healthcare.

Education

Oregon Health and Science University

Portland, OR

January 2005-June 2006

Graduated with Masters in Public Health from the School of Nursing with a focus in Community and Public Health Nursing as well as Global Health Disparities.

Cumulative GPA: 3.92 out of 4.0

Intercollegiate Center for Nursing Education and Gonzaga University

Spokane, WA

August 1995-May 2000

Graduated with Bachelor's of Science in Nursing as the first Gonzaga student to attend the ICNE consortium.

Cumulative GPA: 3.31 out of 4.0 GPA in Major: 3.47 out of 4.0

Crisis Prevention Institute Certified Instructor

Bellingham, WA

November, 2007-current

Professional Skills

Teamwork

Leadership

*Verbal and Written
Communication Skills*

High Achiever

Critical Thinking

Initiative

Adaptability

Professional Experience

PeaceHealth, St. Joseph's Hospital, Bellingham, WA

*Registered Nurse
July 2004-present*

PERSONAL SKILLS

Conflict Resolution

Clinical Nurse Educator with a focus on the unmet educational needs related to care of vulnerable populations across the PeaceHealth System. These include the development and delivery of courses such as Cultural Humility, ACEs and Trauma-Informed Care, Caring for Neurodivergent Patients, Managing Behaviorally Challenging Patients, and Human Trafficking. Additionally, delivery of internationally recognized courses of the Crisis Prevention Institute and its relationship to the Code Gray response. Actively partner with internal and community individuals and groups to strengthen the collective response to care of vulnerable populations, especially as they often present with difficult behaviors.

Creativity

Decision Making

Emotional Resilience

Flexible

Worked on the inpatient Behavioral Health unit, caring for involuntary and voluntary psychiatric patients. Administered psychiatric medications to patients with various mental illnesses, including detox management. Monitored effects of psychiatric medications and general physical health of the patients. Worked collaboratively with a multi-disciplinary team of psychiatric health care providers. Served as a patient advocate. Encouraged adult patients to assume responsibility for their health care through illness and medication education, information about alternatives to medical therapies, and empowerment techniques.

Integrity

Lifelong Learner

Worked in the Specialized Emergency Care Unit to stabilize the medical and behavioral concerns, and then assisted with the discharge disposition.

Respectful

Organized

Worked for 9 months as a Behavioral Health Resource Nurse in the acute care medical setting to coordinate multidisciplinary treatment plans for behavioral health patients and provided education to the staff responsible for their care.

Confident and

Friendly Personality

Whatcom Community College, Bellingham, WA

*Adjunct and Community Courses Instructor
September 2008-present*

Developed various courses at the request of Whatcom Community College related to care of vulnerable populations in the healthcare care setting including Managing Difficult Patients, Mental Health and Substance Use Disorder, and Older Adults.

Catholic Community Services, Martin Center, Bellingham, WA

Registered Nurse, Team Leader

September 2000-March 2001, March 2004-July 2004

Strengths Based Leadership Profile

Learner

Connectedness

Relator

Developer

Input

Administered psychiatric medications to 14 severely psychologically and emotionally disturbed children admitted to the residential treatment facility. Monitored effects of psychiatric medications and general physical health of the children. Worked collaboratively with a multi-disciplinary team of psychiatric health care providers to ensure the most effective therapy for the individual child. Managed teams of 5 floor staff giving direct care in the milieu. Responsible for behavior management of the children including encouraging positive attention-seeking behaviors and appropriate anger management techniques, verbal de-escalation, and restraint and seclusion.

United States Peace Corps, Ilam, Nepal

Registered Nurse, Reproductive Health Specialist

March 2001-August 2003

Conceptualized and developed a four-day reproductive health training for delivery to Nepali students in the 8th, 9th, and 10th grades and presented it to approximately 3,500 Nepali students over the course of a year and a half. Administered pre- and post-tests to track effectiveness of training. Worked with His Majesty's Government to ensure local support for the decimation of federally mandated but culturally sensitive information.

Conducted preliminary research on suicide statistics in Ilam, Nepal. Initiated mental health awareness project to educate the community about identification, care, treatment, referral system for mentally ill citizens. Designed a two-day mental illness educational training which was delivered to approximately 2,000 high school students, pharmacists, police personnel, and health care workers. Developed simple brochures about mental illness which were distributed at various farmers' markets across the district. Enlisted the aid of local volunteers for interest generation and information dissemination.

Meyers-Briggs Personality Style

Introversion

Intuition

Feeling

Judging

Teaching Experience

Cultural Humility (2016-present) Developed and delivered a training on Cultural Humility to New Graduate Residents that considers the Prejudice and Implicit Bias and Social Determinants of Health in relationship to the fabric of Whatcom County demographics.

Diversity and Inclusion (2017-present) Attended the initial training of the trainers for the PeaceHealth Diversity and Inclusion Criteria. Delivered the training to leaders and am scheduled to deliver it to the St. Joseph Inpatient Rehab Department in May.

CERTIFICATIONS

Registered Nurse,
Washington State, Number
RN00137694

Board Certified in
Psychiatric and Mental
Health Nursing, Certification
Number 2011010838,
Expires September 2021

CPR for Healthcare
Providers. Expires
February 2020

PERSONAL DETAILS

Mullane Harrington
5104 Graveline Road
Bellingham, WA 98226
360-319-9853

muhwane@hotmail.com

DOB 3/12/1977

ACEs and Trauma-Informed Care (2017-present) Attended a 3-day summit on Mobilizing Action for Resilient Communities and have continued to reinforce these concepts through every training I give.

Advanced Care of Cognitively Impaired Patients (2016-present) Developed and deliver affective and concrete educational strategies to care for patients with dementia. Included is the intentional use of diversional activities and introduction of music memory boxes

Commercial Sexual Exploitation of Children (2017-present) Attended training of trainers for CSEC material and deliver it in partnership with local agencies at no charge to community participants.

Crisis Prevention Institute (2007-present) Lead Instructor. Monthly training to new and existing employees of St. Joseph Medical Center, combing the de-escalation and personal safety techniques of the Crisis Prevention Institute with institution-specific response patterns for escalating patients including the use of restraint and seclusion.

Connection before Correction: Strategies to Manage Challenging Patient Behaviors (2011-present)

Delivered in multiple forums as staff support and education. Focused on empowering health care providers in recognizing challenging behaviors and managing them professionally. An overview of Behavioral Health is discussed, considerations made to personal triggers and patterns of reacting on the part of staff will be explored, techniques for a professional approach to managing challenging behaviors are practiced, and an overview of crisis management are studied.

Professional Presentations and Lectures
The Cost of Complacency; Healthcare and Human

Trafficking presentation at the 14th Annual PHSJMC Nursing Conference, Bellingham, November 1-2, 2017

Creation of a Behavioral Health Space within an Emergency Department to Decrease Restraint and Seclusion Use Poster

Presentation at the Emergency Nurses' Association Annual Conference, San Antonio, TX in September 2001

Utilizing Diversional Activities to Decrease Unwanted Behaviors in Patients with Dementia Poster Presentation at the Vizient Residency Program Annual Conference as a Mentor to New Graduate Residency Group, San Diego, March 2017

You Are Safe Here

Into the chaos of the Emergency
Department you come.

To me, your crisis is as important as
the trauma beside you.

I see you.

Your eyes give glimpse to the inner
terror you live with every day.

Malicious voices inside your head tell
you that I am not to be trusted—

to protect yourself from me by
whatever means necessary.

I do not fear you.

I watch you pace in your room, yelling
angrily at me for holding you hostage,
cursing, screaming, hitting, talking
non-stop; a whirling dervish of
irritability.

I do not hate you.

I look at you sitting quietly in your bed,
avoiding eye contact, trying not to be
noticed, telling everyone that you're
OK, you don't feel like hurting yourself
anymore,

and that you want to go home.

I understand you.

I see you here in the Emergency
Department, intoxicated again,

your fourth visit this week. The drugs
and alcohol make you labile; you've
cut on yourself.

It hurts too much *not* to cut, to drink;
you seek numbness and without
access to oblivion, the raw reality of
your life is excruciating.

I believe you.

You are safe here.

Regardless of choices you have
made,

You did not choose your illness,

but I choose to be here.

PeaceHealth St. Joseph Medical Center's Call to Action keynote
speaker at the International Day of Awareness and Prayer Against
Human Trafficking Awareness Day, Bellingham, February 8, 2018

Awards and Honors

2105 Spirit of Health Caregiver Award for Social Justice,
PeaceHealth, September 2015

Related Nursing Experience

Workplace Violence Reduction Committee at St. Joseph Medical
Center

2009-present

Review WPV, restraint and seclusion data to identify trends, consider
alternatives, and implement changes. Coordinate with regulatory
agencies including the WADOH and DNV to ensure alignment with best
practice. Review policy and procedure and update as required,
including practice and documentation.

Internship experience at Whatcom County Health Department

MPH Graduate Student

June-September 2005

Worked collaboratively to develop written disaster preparedness plan
targeting both current mental health consumers as well as individuals
who develop mental illness as a result of a disaster. Participated in
meetings at the state level with multidisciplinary representatives to
ensure a cooperative and cohesive plan. Attended local and regional
trainings designed for staff development.

