

From: noreply@civicplus.com
To:
Subject: Online Form Submittal: Board and Commission Application
Date: Tuesday, January 12, 2021 9:58:41 AM

Board and Commission Application

Step 1

Application for Appointment to Whatcom County Boards and Commissions

Public Statement

THIS IS A PUBLIC DOCUMENT: As a candidate for a public board or commission, the information provided will be available to the County Council, County Executive, and the public. All board and commission members are expected to be fair, impartial, and respectful of the public, County staff, and each other. Failure to abide by these expectations may result in revocation of appointment and removal from the appointive position.

Title Dr.

First Name Monika

Last Name Mahal

Today's Date 1/12/2021

Street Address [REDACTED]

City [REDACTED]

Zip [REDACTED]

Do you live in & are you registered to vote in Whatcom County? Yes

Do you have a different mailing address? *Field not completed.*

Primary Telephone [REDACTED]

Secondary Telephone *Field not completed.*

Email Address [REDACTED]

Step 2

1. Name of Board or Commission Child & Family Well-Being Task Force

Committee

Child & Family Well-Being Task Force Yes

2. Do you meet the residency, employment, and/or affiliation requirements of the position for which you're applying? Yes

3. Which Council district do you live in? District 2

4. Are you a US citizen? Yes

5. Are you registered to vote in Whatcom County? Yes

6. Have you declared candidacy (as defined by RCW 42.17A.055) for a paid elected office in any jurisdiction within the county? No

7. Have you ever been a member of this Board/Commission? No

8. Do you or your spouse have a financial interest in or are you an employee or officer of any business or agency that does business with Whatcom County? No

You may attach a resume or detailed summary of experience, qualifications, & interest in response to the following questions *Field not completed.*

9. Please describe your occupation (or former occupation if retired), qualifications, professional and/or community activities, and education

I am a board certified pediatrician who has cared for Whatcom County children and their families for the past 17 years. I currently work for PeaceHealth and am seeing our community struggling on many levels including with their mental well being and various social determinants of health all intensified during the pandemic.

10. Please describe why you're interested in serving on this board or commission

I have been looking for a way to contribute to the community needs outside of my work at Peacehealth. I served on the Board of Whatcom Center for Early Learning for 5 years. I found working outside the traditional medical setting on the behalf of our children and families is pivotal to creating a healthy and supported community. I often feel that the support and medical advice I provide in the clinic is limited and inadequate for many of our families that may be unable to follow through on due to struggles they face in the real world. Any part I can play in participating on the Child and Family Well Being Task Force would be appreciated.

References (please include daytime telephone number):

Chi-na Stoane 360-739-1769
Berle Stratton 360-921-8333

Signature of applicant: Monika R Mahal

Place Signed / Submitted Bellingham WA

(Section Break)

Monika Mahal M.D.

Pediatrician

Peacehealth Medical Group



EXPERIENCE

Peacehealth Medical Group, Bellingham WA - *Pediatrician*

JANUARY 2004 - PRESENT

- 2004-2012 Hybrid inpatient hospital work /outpatient clinic.
- 2012–2022 All outpatient care/occasional newborn rounds.

Relocation/Adoption/Onboarding, Boise ID - *Mother, Pediatrician*

APRIL 2001 - MAY 2003

- April 2001 daughter born and moved to Boise ID
- February 2003 went to India for adoption of son (3 month stay).
- May 2003 moved to Bellingham WA with family for work.
- August 2003 locum coverage at current practice (6 months)

Pediatric Associates, Albuquerque NM - *Pediatrician*

JULY 1999 - APRIL 2001

- Inpatient and outpatient hybrid model of care
- September 2000 testified in high profile CPS case (extreme childhood obesity with comorbidity - medical neglect)

EDUCATION

University of Washington (Seattle WA) *B.S. Psychology*

SEPTEMBER 1987 - JUNE 1991

University of Washington (Seattle WA) *Doctorate in Medicine*

SEPTEMBER 1991 - JUNE 1995

University of Kansas (KUMC) *PGY-1 Internship*

JULY 1995 - JUNE 1996

University of Washington (UWMC/CHMC) *PGY 2 & 3*

JULY 1996 - JUNE 1999

CERTIFICATIONS/LICENSURE

USMLE

- STEP ONE: PASSED JUNE 1993
- STEP TWO: PASSED SEPT 1994
- STEP THREE: PASSED MAY 1996

ABP EXAM

- CERTIFIED PASSED OCT 1999
- RECERTIFICATION DEC 19, 2018 (next MOC due 12/21/23)

LICENSURE

- MEDICAL WASHINGTON STATE (ACTIVE)
- DEA ACTIVE

APPOINTMENTS

- HOSPITAL ST JOSEPH MEDICAL CENTER (ACTIVE)

MEMBERSHIPS/BOARDS

HEALTHY WHATCOM TASK FORCE PARTICIPANT (2021)

ONE SPIRIT MEDICAL MISSIONS (MISSION WORK IN HAITI 2017 AND 2018)

WHATCOM CENTER FOR EARLY LEARNING BOARD MEMBER (FIVE YEARS)

AMERICAN ACADEMY OF PEDIATRICS (2001 - CURRENT)

NEW MEXICO PEDIATRIC SOCIETY/FAMILY VIOLENCE TEAM (1999-2001)

AWARDS

BEST PEDIATRICIAN (GOLD) FROM BELLINGHAM ALIVE MAGAZINE (2014)

BEST PEDIATRICIAN (SILVER) FROM BELLINGHAM ALIVE MAGAZINE (2013)

ESSENTIAL PIECE AWARD FROM PEACEHEALTH MEDICAL GROUP (2019)

RESEARCH

1. **Teller DT, Lindsay D, Mar C, Succop A, and Mahal MR. *Infant Temporal Contrast Sensitivity at Low Temporal Frequencies***; Vision Research 1992; 32(6): pages 1157-1162
2. **Tumor Control/Survival : Malignant Peripheral Nerve Sheath Tumors**
 - Independent student medical study project (1993 - 1995)
 - Advisor Ernest U. Conrad M.D (Orthopedic Medicine/Oncology UWMC/CHMC)
3. **Guardian ad Item: Are They Adequately Trained in Child Development ?**
 - Residency Advocacy Project (1998 - 1999)
 - Advisor Abe Bergman M.D (Professor HMC/CHMC)
4. **Pediatric specialist in development of application (EMMA-CP)**
 - Tool for early detection of neurodevelopmental delays in high risk premature infants.